Leftovers can last 4 months or more in the freezer so don't forget to label what's inside. Sort berries, place Trim stems, place in loosely in a container, water, cover loosely, and allow air refrigerate up to to circulate. 1 week. Refrigerate apples Store whole melons at in a breathable bag, room temp. until ripe. 4-6 weeks, in the Ripe melons keep 2-3 low-humidity drawer. weeks in the fridge.



FRUIT & VEGETABLE STORAGE GUIDE

## **HOW TO STORE FRUITS**

## HOW TO STORE VEGETABLES



Fridge – Separate from other produce.



Counter – Store away from other produce.



Fridge – Store in a container, lid ajar and lined with a paper towel. Wash just before eating to avoid mold.



Fridge – Store in a plastic bag or sealed container. Wash just before eating to avoid mold.



Fridge – Store loose in crisper drawer.



Fridge – Store in a sealed container. Wash just before eating to avoid mold.



Ripen on the counter, then store in the fridge. Store loose.



Ripen on the counter, then store in the fridge. Store loose.



Ripen on the counter, then store in the fridge. Store loose.



Ripen on the counter, then store in the fridge. Store loose.



Ripen on the counter, then store in the fridge. Store loose.



A

В

Ripen on the counter, then store in the fridge. Store loose.

Fridge – Remove bands and ties. Store upright
in a glass of water with a plastic bag over the
Asparagus



Counter – Remove bands and ties. Trim stems and store in water with a plastic bag over the top. Fridge – Store in a plastic bag or sealed container.

Fridge – Crisper drawer. Store loose.



Bell Peppers

Beans

Fridge – Crisper drawer. Wrap in a damp paper towel. Check and change the paper towel as needed.



С

E

Fridge – Crisper drawer. Store in a sealed container.

**Cauliflower** Fridge – Crisper drawer. Store in a plastic bag or sealed container.



Fridge – Store in a plastic bag or sealed container.

Fridge – Store loose. Keep in husks.



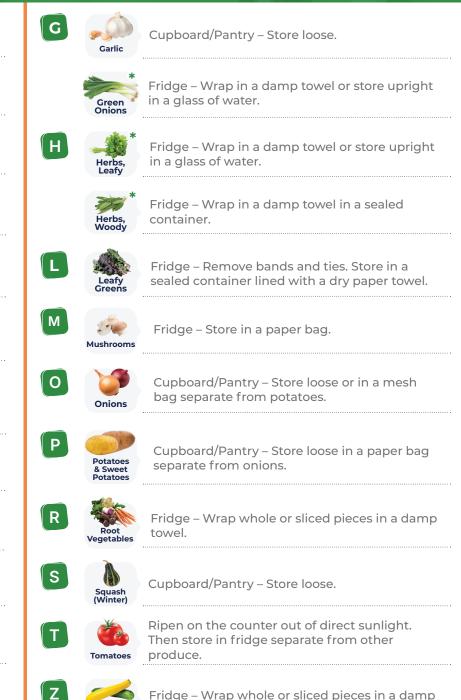
Egaplant

Corn

Fridge – Crisper drawer. Store loose.



Fridge – Crisper drawer. Store loose.



Zucchini

(Squash)

towel.